

The National Bowling Association, Inc.- Southern Regional Junior Tournament

Rules and Regulations - (Please read carefully.)

Eligibility & Governance

- Open to youth bowlers ages 5-17 who are members of The National Bowling Association, Inc. (TNBA) Junior Program and the United States Bowling Congress (USBC).
- All participants must meet age eligibility before **August 1, 2025**.
- The tournament is governed by TNBA and USBC rules, under the direction of the TNBA Junior Southern Regional tournament director.

Entries

- All entries are due **two (2) weeks prior to the tournament: Friday, April 10, 2026**.
- No entries will be accepted onsite.

Required Entry Information

Entries must be submitted electronically using the QR code on the tournament flyer. Entries must include the following information for each bowler:

- Full legal name (no nicknames)
- Sex
- Average as of February 28, 2026 (league standing sheets required)
- Date of birth
- Age as of September 1, 2025
- TNBA and USBC sanction numbers
- Parent permission form

Entry fees but be submitted electronically using Zelle to TraciEllisonBowls@gmail.com, within 24 hours of submission of the entry. Confirmation will be sent by email within 3 days of receipt.

Sanction Cards

- All bowlers must be TNBA and USBC certified prior to competition. Bowlers must present TNBA cards at check-in.
- TNBA cards may be purchased through a local TNBA Junior League, the southern regional junior tournament director, or by contacting:
 - Veronica Green, TNBA Junior Program Membership Coordinator
 - vgreenjpd@gmail.com | [678-232-1194](tel:678-232-1194)

General Competition Rules

- Bowlers from different average divisions may bowl together in teams and doubles events.
- Each bowler may enter only once per event.
- Bowlers must bowl in the order listed on the entry form. No lineup changes.
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Tournament Format

- Each event consists of three (3) games bowled on one pair of lanes.
- Four (4) bowlers per team. Two (2) bowlers per doubles team.
- Bowlers must bowl singles, doubles and team events.
- Ties are broken by highest actual pinfall.

Substitutes

- Substitutes are permitted. Division reclassification may occur.
- Substitution forms must be completed one (1) hour prior to squad start time.

Tardy Bowlers

- Late bowlers must begin in the current frame. Missed frames receive a zero (0).
- No blind scores allowed.

Scholarship & Awards

- Award fees will be returned 100% and issued as SMART scholarships.

Division Breakdown

Event	Division	Average Range	Handicap will be calculated using 80% of the difference between the average and the number below.
Singles	1	170 and over	210
	2	111 - 169	190
	3	110 and under	160
Doubles	1	340 and over	420
	2	221 - 339	380
	3	220 and under	320
Team	1	680 and over	840
	2	441 - 679	760
	3	440 and under	640

Tournament average

The following criteria will be used to determine a bowler's average for the tournament.

- Current average as of **2.28.2026** (with 12+ games).
- Book average for 2024-2025 season as per USBC.

If neither a nor b, the bowler will use the scratch average as described:

Ages 15-18 (scratch avg 210); Ages 12-14 (scratch avg 190); Ages 9-11 (scratch avg 160); Ages 8 & under (scratch avg 130).

- Sport averages will be converted using USBC guidelines.

Attire

- Bowling jerseys and polos.
- Slacks, skirts or skorts (must extend past fingertip length)
- No shorts, spandex, or sweatpants.
- No headgear.
- No electronic devices during tournament play.
- **⚠️ Dress code violations may result in disqualification.**

Bowling Etiquette & Conduct

- Bowlers must remain in the settee area unless excused.
- No smoking, food, or drinks in the settee area.
- No outside food or drinks permitted in the bowling center.
- No coaching allowed in the settee area.
- Parents and coaches must remain in spectator areas.
- Rule violations or falsified entries result in immediate disqualification with no refund.

Final Authority: The Tournament Committee reserves all rights. Decisions are final unless appealed under USBC Rule 329 (Protests and Appeals).